



#### **DISTANCE**

7.3 miles 11.8 km 15,400 steps



# PR

#### PRAM FRIENDLY

No, this is not a pram friendly walk.



#### DOG FRIENDLY

Yes, this walk is dog friendly.



#### **ESTIMATED TIME**

Approx 2hrs 45 mins



#### **DIFFICULTY**

Moderate walk



#### REFRESHMENTS

There are various places to grab a refreshment or two in Earls Barton. (Try Espresso cafe, the coffee is lovely)



# **WALK AUTHOR:**

This walk was written and developed for Adventure Geek by Alison Snelling.

Alison's favourite walk of all time: Ernest Shackleton Walk, South Georgia, amazing scenery.

Favourite Local Walk: Badby & Fawsley (AG05) and Lamport Loop. (AG28)

# PHOTO CHALLENGE:

Your photo challenge is to spot the historic monument of The Sotherby's, tip your hat to Reggie and find a hidden geocache.

# DOWNLOAD THIS ROUTE TO YOUR PHONE



Follow this route on Alltrails: <u>Here</u> (including GPX files)

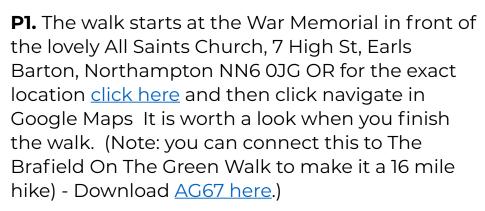


Follow this route for audio prompts: <u>Here</u> .

(to work alongside the photo instructions)

# SPECIAL THANK-YOU TO LEN SNELLING FOR BEING THE OFFICIAL POINTER FOR THIS WALK.





**1a.** With your back to the church, start walking towards your right - you are walking now through the old part of Earls Barton.



**1b.** Keep walking on the right side of the road and you will pass Earls Barton Day Nursery on the opposite side.



**1c**. Continue to follow the path out of the village past Harrowick Lane.



**1d.** When you reach the post box, cross the road and go down Aggate Way.



**1e** After a short walk down Aggate Way you will see a footpath sign on your right - cross and go down here towards the main road.



**If**. As you come onto the main road walk down the hill - not very far as you will cross the road soon.



**1g.** A short way down the road, you need to cross over (take care!) just before the gate.



**2**. Look out for the kissing gate which is the start of the next footpath.



**2a.** Head straight across the field on the defined footpath - you can see the next kissing gate in the distance.



**2b.** Through the kissing gate.



**2c.** After coming through the kissing gate keep to the path on your right - do not head through the woods.



**2d.** Head over the wooden bridge.



**2e.** Follow the footpath up past the trees.



**3.** Keep going - up the steps and into the next field.



**3a.** Carry on through the next gap in the hedge across the field.



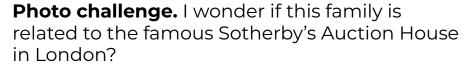
**3b**. You will reach another kissing gate which takes you into a field where there are often sheep. Keep following the footpath towards Ecton.



**3d.** You have arrived in the lovely village of Ecton - go through the next kissing gate.



**4.** Cross the road and turn left to head down the hill. Best to keep on the pavement for the moment.







**4a.** Keep going down the hill - you will need to cross over to stay on the pavement.



**4b.** Carry on down the road out of the village.



**4c**. As you get to the bridge crossing the A45, cross onto the pavement on the left side as you will be turning left soon.



**4d.** As you finish crossing the A45, you will come to a barrier, turn left here.



**5.** When you get to the junction go right. DO NOT go through the gate.



**5a.** After walking a short distance follow the track to your right and continue down.



**5b.** Keep on the track over the bridge.



**5c.** When you reach the sign 'Ecton Complex' turn left. You are now at Ecton Lakes.



**6.** Go over the stile (or under the barrier!)



**6a**. Continue walking on this track past the Ecton Lakes sign.



**6b.** After a short distance, turn off the track to your right. From here you will see possible 2 pathways - take the left prong (walking on the grass). You not are not going along the muddy track right beside the lake.



**6c.** Follow the footpath straight down towards the river.



**6d.** Keep following the path - you are parallel to the river now on your right and will have the lakes to your left shortly.

**Geocache challenge.** Clue: Base of bush! You are looking for a small tube. Sign the logbook and then place back where you found it.

For more info, check out geocaching.com





**6e.** Keep following the footpath until you reach a gate and a stile - go through here.



**6f.** Carry on through the wooded area.



**6g**. Keep going until you reach the bridge. Note: There are two bridges - go over the 2nd one (the 1st one is a smaller green bridge).



**6h.** Follow the track round over the bridge.



**6i.** You have reached Whiston Lock and will now be walking along the Nene Way.

You have now nearly reached the halfway point.



**7.** After crossing the bridge, take a look at the lock then turn to your left along Nene Way.

Photo challenge. How high is the water today?



7a. Follow the path until you get to the old bridge.



7b. Cross the bridge.



**8.** After crossing the bridge keep following the Nene Way signage and head along the river which will now be on your right.



**8a.** Through the kissing gate, still following the Nene Way signage. You are heading towards the marina now.



8b. Go through the next kissing gate.



**8c.** Head over the metal bridge. Whitemills Marina is on your left.



**8d.** You are now approaching Whitemills Lock and the road where you need to turn right.



**8e**. You are turning right here - best to cross to the other side which will be safer.



**9.** Head over the bridge and turn left just after the traffic lights. You will be walking along a track with the river to your left.



**9a.** Head through the gap ignoring the sign which applies to people who may want to fish!

**Photo Challenge.** Tip your hat to Reggie as you pass.





**9b.** Follow the track round.



**9c.** Through the kissing gate. You are still walking on the Nene Way which goes all the way to Lincolnshire!



**9d**. You will leave the track and move onto grassy fields - keep going past the lifebuoy sign.



**10.** After a short distance you will come to Earls Barton lock and will be going back over the river at this point so go through the kissing gate.



**10a.** After crossing the lock, head for the kissing gate and the new house.



**10b.** Over the wooden bridge - still following the Nene Way signage.

**Photo Challenge.** After crossing the bridge, head up past the new Mill House. You may need to look back to spot the mill stone photo challenge.

You have now walked nearly six miles!



11. Follow the track up and over the A45, keep going up the hill until you get back to Earls Barton.



**11a**. When you reach the junction turn left back towards the village. Well done - You are almost there!



**11b.** Walk along the main road back to the village.



**11c.** When you reach the zebra crossing, cross over to the other side and continue towards the village centre.



**12.** Shortly you will be turning up to the right - look out for the footpath sign.



12a. At the top of the footpath turn left.



12b. Follow the footpath round to your left.



**12c**. Look out for the footpath sign and cross the road and follow the path up.



**12d.** At the top of this path you will pass the fire station then turn towards your right.



**12e.** When you reach the junction in front of The Stags Head, turn left.



**12f.** Head back now past the co-op towards the church. We hope you enjoyed the walk. If you have time do visit the lovely All Saints Church or treat yourself to a coffee at the nearby Espresso cafe.

If there are any changes that need to be made to this walk, then please let me know. Email: julia@adventuregeek.co.uk



# AG Passports are now available.

This pocket-size passport is designed to help you record Adventure Geek walks in a fun way. Inside the passport, you will find a list of each walk accompanied by a photo challenge with a space to place your sticker. With each order, you will receive one passport as well as a set of x 30 stickers. There are 25 walks per passport. Good luck!

www.adventuregeek.co.uk/passport

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